Jingle Bell 5k

Fun walk
Run
Fundraiser for
Marine Corps
Toys for Tots

16th Annual Saturday – November 23, 2013 IN SARTELL @ St Cloud Orthopedics 9:00 Walkers 9:45 Runners

Registration Fees

Rec'd by 11/15 \$20 with toy/gift donation* \$30 without toy/gift donation*

Rec'd after 11/15 or on race day \$30 with toy/gift donation* \$40 without toy/gift donation*

*Toy or gift donation must be **NEW** and unwrapped. (Ages infant to 18 years old)

Fee includes long sleeve t-shirt and Jingle Bells for shoes

Check in starts @ 8am inside Orthopedic Sports Center 1901 Connecticut Ave South Sartell

***** ... Friday night early check in 5:30-8pm 11/22** (to reduce congestion on race day but due to clinic hours we are unable to check in prior to 5:30)

Questions? Libby Orthopedic Sports Center 259-4141 or lauger@stcloudorthopedics.com

Age categories for runners 9/under, 10-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, over 70 Please make checks payable to Jingle Bell 5K Orthopedic Sports Center Jingle Bell 5K 1901 Connecticut Ave South City_____ Zip _____ Sartell, MN 56377 Phone _____ Age____ Email _____ _____ (please print clearly) Walker Runner Male **Female** Circle one Circle One Shirt size S M L XL XXL Kids sizes 6-8 10-12 Circle one _____ I am not running or walking, I just want to buy a shirt (\$15.00) Will bring toy on 11/19 ___ Dropped off toy at Ortho Sports Center_____

Waiver: In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators do hereby release any and all sponsors of this walk or run, and their representatives, successors

and assign from any and all liability arising from illness and/or injuries I may suffer as a result of my participation in this walk or run. I attest and verify that I am physically fit for the completion of this walk or run. I have read the foregoing and certify my agreement by signature following.

www.stcloudorthopedics.com www.orthopedicsportscenter.com