Join in this charitable holiday kick-off event



18th Annual **Jingle Bell 5K Run/Walk** and **Kids 1K Fun Run**

Benefiting the area's Marine Corps Toys for Tots

SATURDAY, NOVEMBER 21, 2015

Kids 1K Fun Run for the Whole Family // Real-time Race Results // Certified Course

Schedule of Events:

- 8:30 am Kids 1K Fun Run
- 9:00 am 5k Run/Walk
- 10:00 am Prize Ceremony
- Check in starts at 8:00 a.m. inside on race day, or the night before from 5:30-8:00 p.m.

St. Cloud Orthopedics

1901 Connecticut Ave South Sartell, MN 56377 StCloudOrthopedics.com Registration Fees & Dates: Includes Jingle Bells for shoes and T-shirt!

Now through November 8th

*With Toy Donation: \$22 Without Toy Donation: \$32

After November 8th or on Race Day:

*With Toy Donation: \$32 Without Toy Donation: \$42

Kids 1k Fun Run \$15

T-shirt Information:

- Long-sleeved dri-fit T-shirts
- To ensure receiving a tee, be sure to register early, and complete your form by November 8th, 2015

QUESTIONS?

Contact Shelley Gerads at St. Cloud Orthopedics, 320-202-5525 or sgerads@stcloudorthopedics.com

*Toys and gift donations must be new and unwrapped for kids ages 0-18.



REGISTER ONLINE TODAY!

Visit http://jinglebellrun.itsyourrace.com

Or, complete the form provided on the back of this flyer and drop off at St. Cloud Orthopedics.

REMEMBER: Take advantage of early registration through **NOVEMBER 8TH!**

REGISTRATION FORM:

Please fill out completely, and return to St. Cloud Orthopedics.

*T-shirt availability can not be ensured for registration after November 8th.

By November 8, 2015: \$22 with toy donation; \$32 without toy donation After* November 8, 2015: \$32 with toy donation; \$42 without toy donation

Kids 1K Fun Run \$15 Or, complete the online registration form at http://jinglebellrun.itsyourrace.com

Questions? Contact Shelley at St. Cloud Orthopedics, 320-202-5525 or sgerads@stcloudorthopedics.com. *Please make checks payable to Jingle Bell 5K*

Name:	Email:	
Full Address:		
Phone Number:	D.O.B:	Age:
release any and all sponsors of this walk or run, as a result of my participation in this walk or run	and their representatives, successors and assign from any an	nd for myself, my heirs, executors, and administrators do hereby and all liability arising from illness and/or injuries I may suffer on of this walk or run. I have read the foregoing and certify my have your parent or guardian sign this waiver.
Signature:		Date:
C	(Please circle answers)	
	or Female // Shirt size: XS, S, M, L, XL, 2XL, 32 runners 9/under, 10-12, 13-15, 16-19, 20-29, 30	
Kids 1K Fun Run // Male on	r Female // Shirt size: XS, S, M, L, XL, 2XL, 3XL	., 4XL Kids sizes 4, 6/8, 10/12, 14/16, 18/20
	_ I am not running or walking, I just want to b	uy a shirt (\$17.00)
Will bri	ng toy on 11/22 Dropped off toy at St. Cl	loud Orthopedics
	StCloudOrthopedics.com	

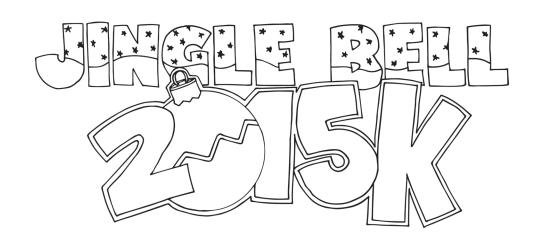
Adult Sport-Tek® Long Sleeve PosiCharge™ Competitor™ Tee		S	M	L	XL	2XL	3XL	4XL
Chest	32-34	35-37	38-40	41-43	44-46	47-49	50-53	54-57

Youth Sport-Tek® Long Sleeve PosiCharge™ Competitor™ Tee		S	M	L	XL
Size		6/8	10/12	14/16	18/20
Chest		26-28	28-30	30-32	32-35

DUE TO PROVIDING A SHIRT SIZING CHART THIS YEAR THERE WILL BE NO EXCHANGES.

St. Cloud Orthopedics

1901 Connecticut Ave South | Sartell, MN 56377 StCloudOrthopedics.com



THANKS TO OUR MAJOR SPONSORS:



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Bone & Joint Center



