

**Bankart Repair Protocol
Dr. Murphy**

Time Frame	Treatment	Goals
Post-Op Day	<ul style="list-style-type: none"> • Dressing change • Instruction in signs and symptoms of infection • Removal of pain pump • Instruction in cryotherapy • Instruction in fist pumps, elbow ROM 	<ul style="list-style-type: none"> • Independent in HEP o fist pumps, elbow ROM and cryotherapy
	<ul style="list-style-type: none"> • No Scheduled therapy after post-op. Dr. Murphy will follow up with patient and order therapy when indicated in the future. 	