

**Four Corner Fusion
Dr. Lauer**

❖ Schedule OT 10-14 days Post-Op (Same day Clinic follow-up).

Time Frame	Treatment	Goals
Phase I Initial Visit+ Same Day Clinic	<ul style="list-style-type: none"> • Evaluate and Treat • Fabricate Exos wrist cock-up orthosis or issue a prefab velcro wrist brace. Educate in splint wear and care. • Instruct in edema management techniques. • Instruct in scar management techniques • Educate patient to only wear orthosis and to not mobilize at this time • May use modalities as indicated (ultrasound typically not done until 4 weeks post-op) <ul style="list-style-type: none"> ○ Modalities may include Ketoprofen, Dexamethasone, or Potassium Iodide as indicated at 4 weeks. 	<ul style="list-style-type: none"> • Edema management • Orthosis wear and care • Scar management` • ROM • HEP
Phase II 6 weeks	<ul style="list-style-type: none"> • Gradual ROM as indicated by MD 	<ul style="list-style-type: none"> • Strengthening when indicated by MD