



Stepping into the Future, Grateful for Every Year

Explore the progress we have made over the past year, and learn how we are growing stronger **since 1955** to serve our valued patients state-of-the-art medical and surgical care.



**ST CLOUD
ORTHOPEDICS**



**Urgent
Injury Care**

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70 YEARS OF Focusing on Your Health.

Our commitment to providing exceptional patient care is unwavering. We understand that navigating orthopedic concerns can be daunting, which is why we strive to make your **experience as seamless** and comfortable as possible.

We continuously invest in the latest

technology and advancements in the field of orthopedics to ensure that you receive the highest standard of care. Whether it's state-of-the-art imaging equipment or cutting-edge surgical techniques, we leverage the best tools available to diagnose and treat your condition effectively.



42,898

Total Clinic Visits



We take great pride in the expertise of our doctors. Our a-level team consists of highly skilled and experienced orthopedic specialists who are dedicated to providing **personalized care** tailored to your unique needs. We offer a comprehensive range of services offered under one roof, including diagnostics,

therapy, and surgery, and non-operative care. Our **integrated approach** ensures seamless coordination of care, allowing you to focus on what matters most – your health. Thank you for entrusting us with your orthopedic care. We are honored to serve you and are committed to exceeding your expectations at every turn.



Dr. Kim Schaap,
St. Cloud Orthopedic
President



INDEPENDENT HEALTHCARE

Choosing the **right path of wellness for YOU** is key to living well. So, why choose an independent (privately-owned) healthcare clinic like St. Cloud Orthopedics over other bigger healthcare systems. For the patient, this often means: — — —





LOWER HEALTHCARE COSTS OVERALL.

Improved quality of care due to strict board-certification standards and requirements set by the medical group.



MORE TREATMENT OPTIONS FOR YOU.

Collaborative care where doctors and therapists work hand-in-hand, and work closely with your primary care provider.



PROVIDERS WHO ARE SPECIALISTS.

Doctors, nurses, and staff who are invested in the community in which they work, live, and raise their families.



"I have seen probably 8 different doctors in my adult life for my back issues. Dr Botterill is really the only one who **truly listened to me and worked with me** to find solutions to managing my pain so I can continue to be active."



VERIFIED REVIEW | RATER 8



56,242

Physical & Occupational
Therapy Visits

NECK-TO-TOE SPECIALTIES



SPINE & NECK



JOINT REPLACEMENT



SHOULDER



HAND & WRIST

WHOLE BODY WELLNESS

Pain can make everyday life feel out of reach, especially when it involves bones, joints, or muscles. At St. Cloud Orthopedics, our team of specialists covers the **full spectrum of orthopedic care**, offering targeted expertise and advanced treatment for every part of the body. From diagnosis to rehab, we provide personalized solutions that help patients of all ages move better, feel better, and get back to doing what they love most.

TOTAL BODY ORTHOPEDICS

Getting the right care shouldn't mean running from one clinic to another.

At St. Cloud Orthopedics, we bring everything you need together in one place. Our team of orthopedic specialists, physical therapists, and occupational therapists work side by side to deliver fully integrated, personalized care. With all of your musculoskeletal needs covered under one roof, you can feel confident you're getting care designed to get you moving again.



HIP



FOOT & ANKLE



PT & OT



URGENT CARE



KNEE



GENERAL ORTHO



SPORTS MEDICINE

LIVE BETTER OUR SERVICES

-- REACHING MORE LIVES THAN EVER --

Surgical & Non-Operative

At St. Cloud Orthopedics, we understand that surgery can feel overwhelming. That's why we start by exploring non-surgical treatment options tailored to each patient's unique needs—guiding them through every step toward better mobility and quality of life.

When surgery is the right path, our board-certified surgeons specialize in **minimally invasive, robotic-assisted, and outpatient procedures**—many allowing same-day recovery at home. With hundreds of thousands of procedures performed, we deliver experienced, personalized care for the best possible outcomes.

Our support continues with comprehensive in-house rehabilitation, including physical and occupational therapy, certified hand therapy, and aquatic therapy.



CRAIG | GOOGLE REVIEW

"Glad to be able to get same day appointment with my sprained knee. Staff and doctor were attentive and helpful in explaining all possible avenues of treatment. Would recommend to family and friends."

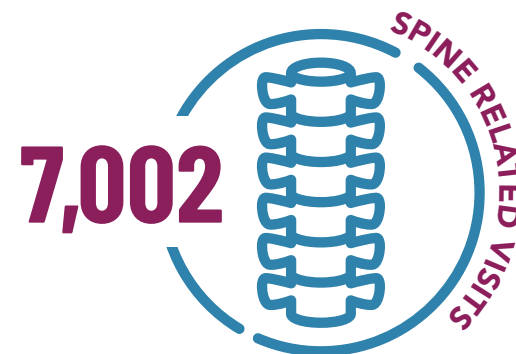
Litchfield Partnership Elevates Spine & Joint Care

St. Cloud Orthopedics has long delivered expert care for spine conditions—and in 2024, we expanded that expertise through a partnership with Meeker Memorial Hospital & Clinics. This collaboration has brought even greater access to patients in the Litchfield area, along with the advanced skills of spine specialists **Dr. Joel Shobe** and **Dr. Christopher Reynolds**. Patients now benefit from expanded treatment options for cervical, thoracic, and lumbar spine conditions—including minimally invasive and motion-preserving techniques—all available closer to home.

The partnership also includes joint replacement and general orthopedics specialist **Dr. Bryan Perkins**, whose impact will further enhance access to high-quality care throughout Central Minnesota.



SCAN TO
LEARN MORE



11,289

Non-Operative Treatments



4,897

Outpatient Procedures



9,374

New Patient Visits



TECHNOLOGY ONLY THE BEST.

As part of our ongoing mission, we're committed to bringing our patients the most effective, proven technologies available. When advancements are shown to reduce invasiveness, improve precision, and shorten recovery times, our team is among the first to adopt them—delivering cutting-edge care close to home, without adding to your cost.



**EXPLORE ALL
TECHNOLOGY**



LEADING INNOVATION

MAKO ROBOTIC SURGERY

An advanced surgical system used primarily for joint replacement procedures, such as total hip, total knee, and partial knee replacements. It combines robotic-arm technology with computer-assisted planning to help surgeons perform procedures with more precision, personalization, and control than traditional methods.



FROM PRE-PLANNING TO PROCEDURE

The Mako system uses a 3D CT scan of the patient's joint to create a personalized surgical plan. This allows us to visualize the joint's anatomy and determine the optimal size, alignment, and placement of the implant before even entering the operating room - resulting in greater accuracy.

During surgery, our surgeon uses the Mako robotic arm to execute the plan with a high degree of accuracy. The system provides real-time feedback and limits the arm's range of motion to help the surgeon stay within the safe zone. All resulting in a less invasive, more efficient surgery that both minimizes risk and improves your experience.

THANK YOU FOR 70 YEARS

ENJOY A FEW SNAPSHOTS
THROUGHOUT THE YEARS

1955

Founded by Dr. Edmond Lafond, who saw the need for orthopedic specialty care.



1983



1999



The end of 2024 marked 70 years

of serving our community, and we're deeply grateful to everyone who has trusted us with their health—whether as a patient, family member, or supporter. Your confidence in our team has allowed us to grow, innovate, and continue doing what we love:

helping people move better and live well.

Sports Center Opens, adding Physical and Occupational Therapy, and Athletic Training. A unique positioning with having therapists and surgeons working together under the same roof.

Dr. Kim Schaap is among the first in the country to perform a revolutionary robotic-assisted total knee replacement surgery.

Urgent Injury Care (originally OrthoDirect) opens, creating the opportunity for patients to be seen directly by an orthopedic specialist for common yet urgent bone and joint injuries.

2021

St. Cloud Orthopedics earns Minnesota's Best award for the first time.



2015



We wrap up seven decades of patient-focused care before turning the calendar to celebrate 70 years. We are **more excited than ever** for the future of independent orthopedic healthcare in Central Minnesota and beyond!

2024



SPORTS MEDICINE PARTNERSHIPS

We're proud to support our community by partnering with local high schools, colleges, and universities to provide expert orthopedic and wellness services. These partnerships include athletic training, sideline care at sporting events, and on-campus physical therapy for both students and staff. **Explore some of our valued partnerships below:**

HIGH SCHOOLS

SARTELL / SAUK RAPIDS / CATHEDRAL / APOLLO
ST. CLOUD TECH / HOLDINGFORD / ROYALTON

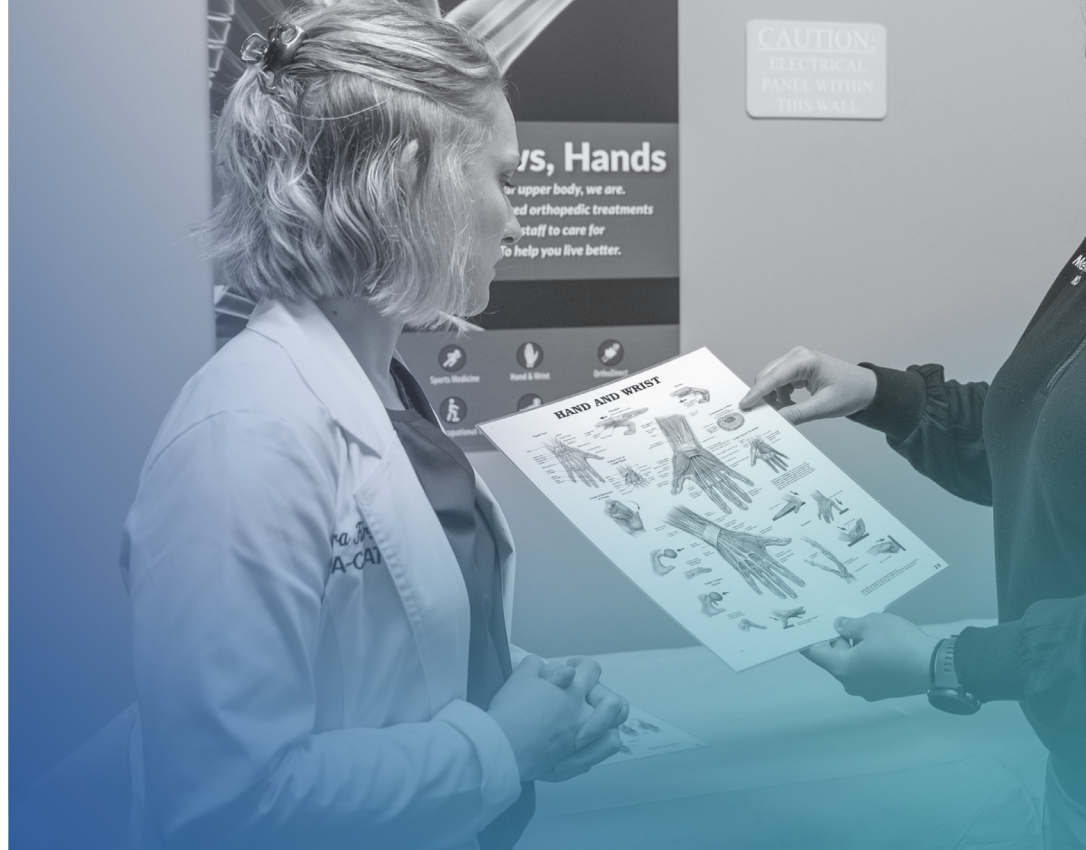
COLLEGES & UNIVERSITIES

COLLEGE OF SAINT BENEDICT
SAINT JOHN'S UNIVERSITY
ST. CLOUD TECHNICAL & COMMUNITY COLLEGE



RESEARCH AND EDUCATION

Our physicians are passionate about advancing orthopedic care and sharing their expertise. Several serve as consultants for surgical companies and lead seminars on robotic-assisted techniques. For the past five years, we've hosted a continuing education conference for primary care providers, and our physical therapy team regularly teaches students at Sartell High School. You can also catch us monthly on podcast, where we discuss orthopedic care and prevention.



ORTHOADVANCE

OrthoAdvance, is a live Continued Medical Education (CME) program designed for primary care physicians, physician assistants, nurse practitioners, and other healthcare providers. Visit our website to stay up-to-date for future events and trainings.

PODCAST MEETS BETTER LIVING.

Scan the QR code to listen to our monthly podcast!

Featuring education for patients on orthopedic care, treatments, and prevention, so our community can live better through informed health decisions.

AVAILABLE ON MULTIPLE STREAMING PLATFORMS





COMMUNITY CARE IS EVERYTHING

At St. Cloud Orthopedics, we believe strong communities are built on care, connection, and a commitment to each other's well-being. As an independent medical group, we're proud to invest our time, resources, and energy into supporting the schools, organizations, and individuals who make our region so special.



Whether we're on the sidelines of a high school game, mentoring future healthcare professionals, or partnering with local events, our goal is simple: to give back to the community that gives us so much.

**Because when one of us does better,
we all rise together.**

HOW WE GIVE BACK

-  **Sharing our expertise** by teaching in schools
-  Offering healthcare-related **scholarships**
-  **Sponsoring** local arts, athletics, events

HOW WE SHOW UP

-  **Building genuine relationships** with our patients and neighbors
-  **Championing** fellow independent businesses
-  **Supporting student-athletes** as both sports medicine providers and enthusiastic fans at high school and college games

**LIKE WATCHING & SUPPORTING
THE ST. CLOUD CATHEDRAL
CRUSADERS HOCKEY TEAM AT STATE!**





SCAN FOR HOURS
& MORE INFO



6,273

Urgent Care Visits



ST CLOUD
ORTHOPEDICS



*Urgent
Injury Care*

No appointment or referral needed.

320.257.STAT



CALL OR WALK IN

Caring for all common,

Yet urgent

orthopedic-related injuries

FOR INJURIES RELATED TO



CUTS REPAIRABLE WITH
STICHES/SUTURES



BROKEN OR
FRACTURED BONES



SPRAINS, STRAINS &
SOFT TISSUE INJURIES



ATHLETIC/SPORTS
RELATED INJURIES

SKIP THE EMERGENCY ROOM LINES.

When you're injured, you shouldn't have to wait for hours in a crowded ER. At Urgent Injury Care, located right inside St. Cloud Orthopedics, you can receive same-day care from orthopedic experts—right at the source. With on-site imaging and evaluation, we quickly assess your injury and get you on the path to recovery without the long wait.

*"Obviously knowledgeable in the field of orthopedics but what sets them apart is their flexibility and willingness to listen, understand, and come up with a treatment plan that works for everyone. When I left we were all on the same page. On site x-ray and therapy. **These people are doing it right.**"*

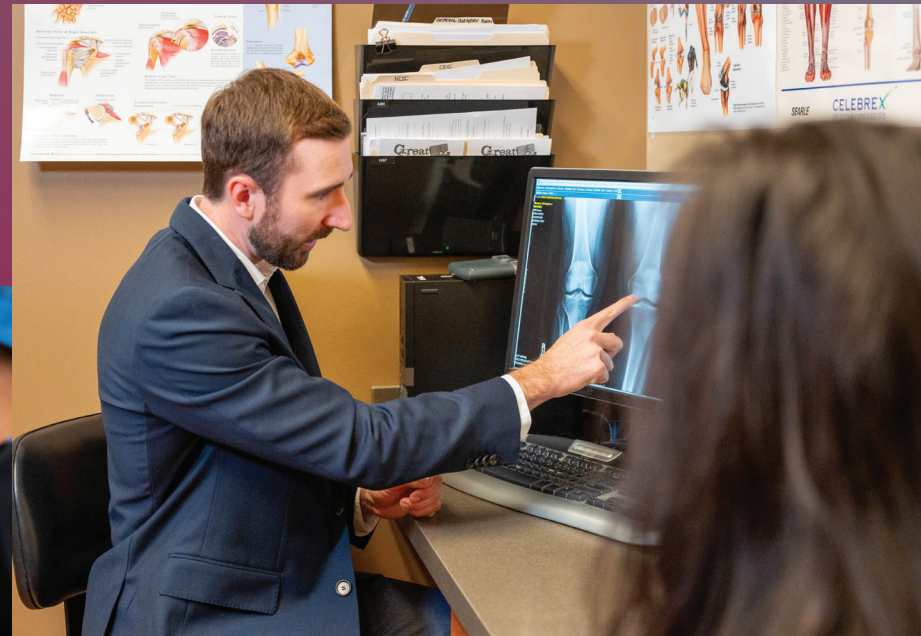


FRED | GOOGLE REVIEW



OUR SPECIALISTS HELPING YOU LIVE BETTER

Our team is made up of experienced specialists dedicated to providing one thing: **better living for every patient.** With a wide range of orthopedic expertise under one roof, we're proud to offer comprehensive treatment for the full spectrum of musculoskeletal conditions.





Ashley Botteril, M.D., C.C.D.
Orthopedic Specialist



Siegfried Feierabend, M.D.
Orthopedic Specialist



Eric W. Green, M.D.
Orthopedic Specialist



Lindsey R. Hijelm, D.P.M.
Podiatrist



Chad A. Holien, M.D.
Orthopedic Specialist



Stephen A. Mariash, D.P.M.
Podiatrist



Kevin M. McCann, D.P.M.
Podiatrist



Trevor C. McIver, M.D., M.S.
Orthopedic Specialist



Andrew A. Mulder, M.D.
Orthopedic Specialist



Michael A. Murphey, M.D.
Orthopedic Specialist



Joseph P. Nessler, M.D.
Orthopedic Specialist



Bryan Perkins, M.D.
Orthopedic Specialist



Christopher Reynolds, D.O.
Orthopedic Specialist



Kim S. Schaap, M.D.
Orthopedic Specialist



Joel C. Shobe, M.D.
Orthopedic Specialist



Kristen M. Sigurdson, D.P.M.
Podiatrist



Andrew W. Staiger, M.D.
Orthopedic Specialist



Chad Ritter, MPT, AT-C
Physical Therapy

HERE FOR YOUR HEALTH



MY WHY SCO

I'm excited to be at St. Cloud Orthopedics because we are a small, independent specialty practice, and I feel like that gives us the opportunity to provide patient-centered care in both an adaptive and innovative manner.



OUR NEWEST ORTHO SPECIALIST
Bryan Perkins, M.D.

2 MAIN CLINICS



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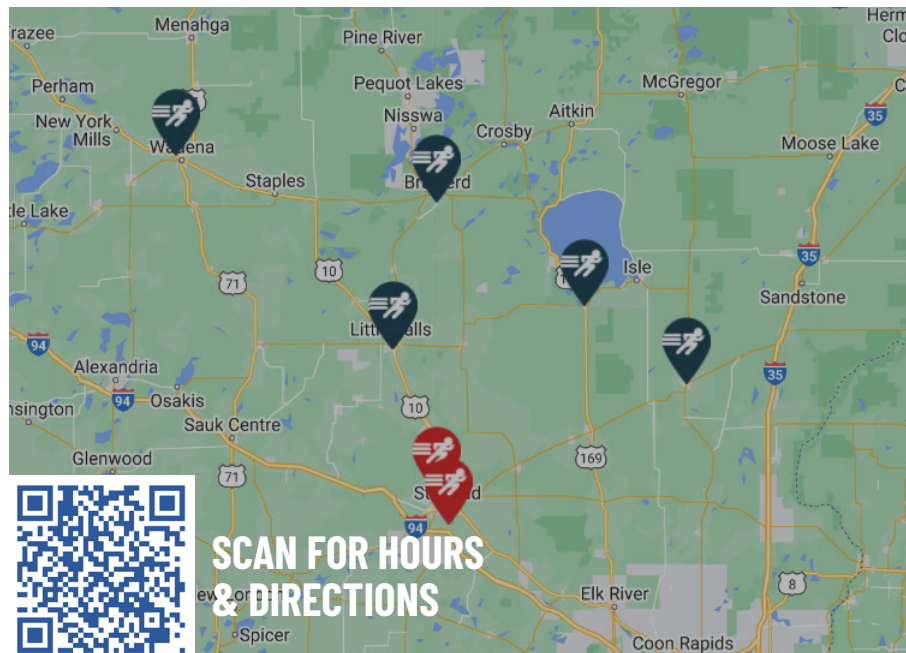


South St. Cloud 3315 ROOSEVELT RD. #200B

8 OUTREACH CLINICS

BRAINERD / LITCHFIELD / LITTLE FALLS / MORA / ONAMIA / WADENA

St. Cloud Orthopedics extends care beyond our main clinic, with specialists visiting partnering clinics throughout the week. Surgeries—including outpatient, inpatient, and trauma-related procedures—are performed at trusted facilities like St. Cloud Surgical Center, St. Cloud Hospital/CentraCare, and our newest partner, Meeker Memorial Hospital & Clinics. We also provide on-campus physical therapy at local colleges, supporting the health of students and staff.



**SCAN FOR HOURS
& DIRECTIONS**

70 Years of Independence & Gratitude

THANK YOU FOR CHOOSING US.



Orthopedic Surgeon
Urgent Care/Walk-In Clinic



Sports Medicine



Physical Therapy



10 YEARS IN A ROW FOR
Physical Therapy

